



Terms and Conditions

The organisers of the City of Joondalup Mullaloo Mile (hereafter called the Event) reserve the right to vary the course or change or cancel the Event because of weather or other adverse conditions.

There will be no refund of entry fees due to participant withdrawal, disqualification or event cancellation.

The Event is sanctioned by Masters Swimming Western Australia (MSWA) and insured through policies held by MSWA. These provide public liability cover for the Event. There is NO Personal Accident cover for this event. The Event is conducted according to MSWA Local OWS Rules. A copy of these rules is available on both MSWA and Event websites.

Entrants must be able to swim the courses within the 115 minute cut off for the 3.2km event. Any swimmers still on the course after this time will accept the referee's request to exit the water. Only well prepared and medically fit swimmers should take part. Swimmers with pre-existing medical conditions that may be of concern to the race organisers are requested to advise the Race Director of their condition at Registration on race day.

The Event is open to participants of all standards and age groups with the exception of the following minimum age requirements on the day of the event:

- 400m minimum age 9 years. 800m minimum age 10 years. 1600m minimum age 11 years.
- 3.2km minimum age: 12 years.
- Swimmers aged 9 must be accompanied in the 400m swim by a chaperone aged 18 or over.

All swimmers should exercise due caution when approaching slower swimmers on the course. Slower swimmers should endeavor to start further back at the start line to allow faster swimmers to swim away from the start line first. Swimmers found displaying unsporting conduct will be disqualified. No entry fees will be refunded in this instance.

Event race caps will be issued to all swimmers at registration and must be worn on swimmers' heads at all times. Refusal to do so will result in disqualification from the Event. No entry fees will be refunded in this instance.

Wetsuits may be worn, but there will be a separate "Wetsuit" category which is not eligible to win prizes. All swimmers who complete the Event will record a finishing time.

No watches, heavy jewellery or fit bands are permitted and, for safety reasons, no paddles, fins, flotation devices or swimming aids may be used. In these instances,



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disqualification from the Event will occur. No entry fees will be refunded in this instance. Snorkels may be worn at the discretion of the Race Director.

Age category awards are made in ten year age groups for the public races; 800m, 1.6km and 3.2km distances and 1st male and female. Age category awards for male and female for the LiveLighter Masters Swimming State Championships will be 5 year age groups (per Masters Swimming Rules).

No personal paddlers are to accompany swimmers. Late entries will be accepted subject to a total field cap. Late entries are eligible for prizes.

All competitors must attend the compulsory race briefing at approx 7.45am, and any swimmer under the age of 18 must be accompanied by a parent or guardian on the day of the Event, with that parent or guardian also attending the race briefing and remaining present until the completion of the Event. **NO EXCEPTIONS.**